

HEALTH CARE ASSISTANT

For information on Northern Health's Health Career Access Program please see the HCAP tab (<https://catalogue.coastmountaincollege.ca/programs/health-care-assistant/#hcapptext>).

In Winter 2021 we offer the theory portion of this program via Distributed Learning where we use various tools that may include email, web-conferencing platforms, online videos, social media, textbooks, print modules, local contexts and experiential tasks. Learn more about Distributed Learning (<https://www.coastmountaincollege.ca/programs/discover/distributed-learning/>) at CMTN. Lab and clinical courses will require in-person attendance and are currently scheduled as follows: HCAS 107 Lab June 03-June 18, HCAS 109 Clinical June 21-July 23, HCAS 108 & HCAS 110 July 26- Aug 21st. Please indicate on your application which location (Terrace or Kimitat) you will be attending for the Lab and clinical portions.

View on YouTube (<https://www.youtube.com/watch?v=X8sA5lxQpt8>)

Train to become a front line care provider and valuable member of a health care team.

The Health Care Assistant program provides opportunities to develop knowledge, skills, and attitudes necessary to provide professional care to the elderly and those facing other health or illness challenges. This 29 week, full-time program combines theory, lab study and practice experience.

Health Care Assistants receive direction and supervision from other health professionals such as Licensed Practical Nurses and Registered Nurses. Student practice experiences are an integral part of the program. Clinical practice experiences occur outside of the college setting. While the majority of practice placements are in centres close to CMTN campus communities, it may be necessary to utilize agencies in other Northwest communities. Students must arrange their own transportation to and from practice experience sites and assume related costs. Students may be required to work a variety of shifts (e.g. four-, six-, eight- and/or 12-hour shifts, including days, evenings, nights, and weekends.)

Successful graduates will earn a **HEALTH CARE ASSISTANT CERTIFICATE** and are eligible for registration with the BC Care Aide & Community Health Worker Registry (<https://www.cachwr.bc.ca/Home.aspx>).

Dual credit opportunity

The HCA program is eligible for dual credit, which is an opportunity for high school students to start college programs while still in high school. Students receive credit toward their high school diploma, while also earning post-secondary credits. Dual credit students are also supported by their home school district, which pays the program tuition for the student.

Each school district has a different application process for dual credit. High school students and parents are strongly encouraged to talk to a

career counselor at their school district to find out details about the dual credit program and specific application requirements.

Apply to CMTN

Visit Apply to CMTN (<https://www.coastmountaincollege.ca/admissions/apply-to-cmtn/>) for an Admissions Checklist and to apply online.

Our Educational Advisors (<https://www.coastmountaincollege.ca/student-services/student-support/educational-advising/>) are here to help if you have any questions or need guidance along the way.

Dates and locations

For upcoming intakes for the Health Career Access Program please see the HCAP tab (<https://catalogue.coastmountaincollege.ca/programs/health-care-assistant/#hcapptext>).

Intake	Location
Please see HCAP tab for future HCA offerings	Various

The program is offered at other campuses subject to public demand and sponsor funding. Contact an Educational Advisor (<https://coastmountaincollege.ca/student-services/academic-support/educational-advising/>) for more information on intake dates and locations.

Faculty

Faculty Member	Campus Location
Lauren Fraychineaud, Regional Program Coordinator (https://www.coastmountaincollege.ca/about-cmtn/department-contacts/details/lauren-fraychineaud/)	Terrace
Melodie Julseth, Lab Assistant (https://www.coastmountaincollege.ca/about-cmtn/department-contacts/details/melodie-julseth/)	Terrace
Fay Armstrong, Instructor (https://www.coastmountaincollege.ca/about-cmtn/department-contacts/details/fay-armstrong/)	Terrace
Vasiliki Douglas, Instructor (https://www.coastmountaincollege.ca/about-cmtn/department-contacts/details/vasiliki-douglas/)	Terrace
Debbie Sullivan, Instructor (https://www.coastmountaincollege.ca/about-cmtn/department-contacts/details/debbie-sullivan/)	Terrace
Callan Williamson, Instructor (https://www.coastmountaincollege.ca/about-cmtn/department-contacts/details/callan-williamson/)	Terrace



Laurie Kallio, Contract
Coordinator (<https://www.coastmountaincollege.ca/about-cmntn/departments-contacts/details/laurie-kallio/>)

Smithers

Health Career Access Program (HCAP)

Coast Mountain College is collaborating with the Northern Health Authority (<https://www.northernhealth.ca/>) to develop a delivery plan that will meet the strong demand for Health Care Assistants in our region.

- Northern Health will provide CMTN with HCAP participants from their staffing pool (a combination of existing/internal staff and new/external hires).
- Participants will be full-time employees of Northern Health, working part-time in Health Care Support Worker positions while participating part-time in this program.
- HCAP is a paid pathway. Participants will be receiving a stipend as learners in the Health Care Assistant program and compensated as Health Care Support Workers. Tuition and program fees are also covered by the Ministry.

Eligibility and how to apply

For additional information regarding this training initiative, including eligibility requirements and how to apply, please review the following resources:

- www2.gov.bc.ca/gov/content/economic-recovery/work-in-health-care (<https://www2.gov.bc.ca/gov/content/economic-recovery/work-in-health-care/>)
- Northern Health Health Careers Access Program FAQs (https://www.northernhealth.ca/sites/northern_health/files/health-professionals/student-practice-education/documents/health-career-access-program-faqs.pdf) [PDF]

Intakes and locations

Our blended online, face-to-face teaching and learning model will provide access to learners across the Northwest, including:

- Masset
- Queen Charlotte
- Prince Rupert
- Terrace
- Kitimat
- Hazelton
- Smithers
- Houston

To meet the individual needs of the Northern Health Authority, CTMN is planning to deliver five Health Care Assistant offerings between April 2021 and December 2022.

Delivery	Start date	End date	Locations for face-to-face instruction
1*	April 26, 2021	January 10, 2021	Terrace, Smithers, Prince Rupert
2*	July 28, 2021	April 23, 2022	Terrace, Smithers, Kitimat
3*	October 25, 2021	July 8, 2022	Terrace, Kitimat, Prince Rupert
4*	January 26, 2022	October 20, 2022	Kitimat, Smithers, Prince Rupert
5*	April 25, 2022	January 12, 2022	Terrace, Smithers, Prince Rupert

*Dates and locations may be subject to change.

Each offering will be eight months in duration. 24 seats will be available in each of the five offerings.

Each offering will be delivered via a part-time, blended teaching and learning model. Theory courses along with a portion of the program's laboratory course will be delivered online with learners able to complete their studies from their home community. The remaining portions of the program's laboratory courses and clinical placements will be delivered via face-to-face teaching and learning across four host communities, three per offerings. Host communities (Prince Rupert, Terrace, Kitimat & Smithers) were identified based on their ability to meet complex care placement requirements.

To achieve and maintain student success, CMTN and Northern Health have established a Student Success plan that includes tutoring services, personal progress reporting, and opportunities for re-enrollment into the pathway during the initiative.

Minimum computer hardware specifications to successfully complete the program:

- 4th generation (4000 series) Intel Core i3 / i5 / i7 and newer or AMD equivalent (Check your Computer Hardware) (Apple computers from 2013+)
- 4GB of Memory (RAM)
- Intel HD Graphics 3000 or better - **Minimum** supported screen resolution 1024x768.
- Web Camera & Microphone

Contact

If you require further information about the HCAP program, please contact:

HCAP@northernhealth.ca

PROGRAM RESIDENCY REQUIREMENTS

Students must complete a minimum of 50% of the program hours at Coast Mountain College.



The Health Care Assistant program requires students to achieve 70% (B-) or higher in every theory course and CR (credit) grade in HCAS 107 and practical experience courses to continue in the program and receive their credential.

Code	Title	Credits
HCAS 101	Health Care Assistant: Introduction to Practice	1
HCAS 102	Health: Lifestyles and Choices	1
HCAS 103	Human Relations: Interpersonal Communications	1.5
HCAS 104	Health & Healing: Concepts for Practice	2.5
HCAS 105	Healing 1: Caring for Individuals Experiencing Common Health Challenges	4
HCAS 106	Healing 2: Caring for Individuals Experiencing Cognitive Or Mental Challenges	2
HCAS 107	Healing 3: Personal Care & Assistance	4
HCAS 108	Practical Experience in Home Support And/Or Assisted Living	2
HCAS 109	Practice Experience in Multi-Level And/Or Complex Care 1	6
HCAS 110	Transition Practice Experience	2
Total Credits		26

Students interested in applying should read the Health Care Assistant Program Student Handbook (<https://catalogue.coastmountaincollege.ca/programs/health-care-assistant/%20https://coastmountaincollege.ca/docs/default-source/program-forms/hcas/hcas-hbk-2019.pdf>) [PDF]

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Prior to applying, please review the Health Care Assistant Program Expectations (<https://coastmountaincollege.ca/docs/default-source/program-forms/hcas/hca-program-requisite-skills.pdf>) [PDF].

Important documents

- English Competency Self-Declaration Form (<https://coastmountaincollege.ca/docs/default-source/program-forms/hcas/hca-english-competency-self-declaration-form-rev-2018.pdf>)
- Ministry of Public Safety Consent for a CRC (<https://www.coastmountaincollege.ca/admissions/requirements/criminal-record-check/>)

- Information for Immunization (<https://www.coastmountaincollege.ca/docs/default-source/program-forms/hcas/immunization-instructions-health-programs-2020.pdf>)
- HCAS Northern Health Immunization Form (https://www.coastmountaincollege.ca/docs/default-source/access-to-practical-nursing/health-programs-immunization-declaration-2019_2020.pdf)

Apply for Admission (<https://coastmountaincollege.ca/admissions/apply-to-cmntn/>)

Admission requirements

Students are accepted into the program once **all** Step 1 documentation has been received, on a first come –first serve basis and will be invited to register. Prior to the first day of classes, students are expected to submit all Step 2 documents. Step 2 documentation is required for practice education experiences; students who fail to submit any Step 2 documentation will be prohibited from attending practice education experiences.

Step 1: Required for admission and registration

- Grade 12 graduation**, or 19 years of age or older, or dual credit student
- A complete English Competency Self-Declaration Form** [PDF]. Applicants with **less** than seven years of education in an English-speaking environment and/or **less** than four consecutive years of education in an English-speaking environment at the secondary or post-secondary level will require one of the following standardized English language proficiency tests as set by the BC Care Aide & Community Health Worker Registry: (https://www.cachwr.bc.ca/Documents/Educators/English-Language-Competency_HCA-Program-Entry_2018.aspx)

For English as a first language speakers:

- English Studies 11 or
 - Accuplacer Grade 11 level cut score: Reading 236, Writing 234, Writeplacer 4 within the last 2 years.
 - College courses determined to be equivalent to completion of Grade 11 English (or higher) by post-secondary institutions. A minimum of a C grade is acceptable.
 - Canadian Adult Achievement Test (CAAT): Reading Comprehension 35/50 Spelling 23/32
 - Language Placement Index (LPI): The three individual scores (Sentence Structure, English Usage, and Reading Comprehension) must total a minimum of 20, out of a maximum possible score of 40. Essay level of 4, with a minimum essay score of 24/40

For English as a second language speakers:

- The Test of English as a Foreign Language (TOEFL): Test must be within the last two years, IBT only—overall score of 76 with no score lower than 20 in speaking and listening and no score lower than 18 in Reading and Writing.
- International English Language Testing System (IELTS): Academic: test must be within the last two years: overall score of 6 with a minimum of



6 in Speaking and Listening and no score lower than 5.5 in Reading and Writing.

- Canadian Language Benchmark Placement Test (CLB PT): test must be within the last six months: Listening 7, Speaking 7, Reading 6 and Writing 6. Note: A CLB Report Card from a LINC Program may also be accepted.
- “Canadian English Language Proficiency Index Program (CELP): General CELPIP 7 or better in Speaking and Listening and CELPIP 6 in Reading and Writing.”
- Canadian Academic English Language Assessment (CAEL): overall score of 60, with no section less than 50. Scores valid for one year.

Step 2: Required for practice education experiences. Students who fail to submit any Step 2 documentation will be prohibited from attending practice education experiences.

- **FOODSAFE:** All students must present evidence of current FOODSAFE level 1 prior to entering classes. Please refer to Health Care registry Website for the acceptable courses.
- **CPR Level C:** Applicants must provide evidence of successful completion of CPR level C no more than 12 months before admission.
- **First Aid:** Applicants must provide evidence of successful completion of one of the following First Aid courses no more than 12 months before admission:
 - Standard First-Aid
 - Emergency First Aid – Community Care
 - Emergency First Aid for Industry
 - WorkSafe BC OFA Level 1
- **Criminal Record Check:** check (including advanced vulnerable populations) under the Criminal Records Review Act and the Ministry of Justice process for educational institutions. Applicants should only initiate their criminal record check when instructed by Admissions. **Please note:** Any changes to your criminal record status or events occurring that will impact your criminal record must be reported in writing to the program Dean. Some events may impact your ability to attend clinical or practicum settings. The implications of failing to report changes, as a student, can result in program failure.
- **Proof of Current Immunizations / Vaccinations/TB skin test:** Immunizations as outlined in the Practice Education Guidelines and recommended by the BC Centre for Disease Control (2009): diphtheria and tetanus, polio, hepatitis B, measles, mumps and rubella (MMR), varicella and influenza. Negative TB skin test or chest x-ray. (http://www.hspcanada.net/docs/PEG/1_3_Immunization.pdf) (http://www.hspcanada.net/docs/PEG/1_3_Immunization.pdf)

***Students who do not meet the immunization requirements may be prohibited from attending practice education experiences.**

Fees	Domestic	International
Full Time:	29 Weeks	29 Weeks
Tuition:	\$2,026.23	\$9,331.33

Student Union Fees: ¹	\$83.98	\$83.98
Mandatory Fees:	\$628.43	\$674.21
Extended Health and Dental*:	\$250.00	\$548.75
Total Tuition:	\$2,988.64	\$10,638.27
Additional Costs:		
Books: ²	\$450.00	\$450.00
Supplies/Clothing: ²	\$300.00	\$300.00
Fieldwork/Practicum: ³	\$200.00	\$200.00
Mandatory Certificates: ⁴	\$425.00	\$425.00
*Total Program Cost:	\$4,373.64	\$12,013.27

1

These fees are term based and may vary due to the length of the program.

2

Please note that these are approximate costs and may vary depending on courses taken.

3

Costs will vary depending on the location of practicum. Students are responsible for any required accommodations, food, or other travel expenses.

4

Please review admission requirements for mandatory certificates. These certificates are required before participating in a clinical setting. Fees are approximate and may vary.

Fees are effective as of August 1, 2021 for the 2021/22 academic year.

The Coast Mountain Students Union (CMSU) is pleased to announce that Extended Health and Dental Insurance has been approved by student referendum held in March 2021. Additional information will be provided by CMSU July 2021, including details of the coverage and directions for the opt out process for students with equivalent coverage. For any inquiries about the plan or referendum, please contact Golnoosh Namazi, organiser@mycmsu.ca

Basic Health insurance is mandatory for all international students. Health insurance costs will be charged every term until students provide proof of MSP.

Career opportunities

Graduates are qualified to work as frontline care providers in a variety of settings including:

- Client's home
- Adult day care
- Assisted living
- Complex care facilities



Learners should be aware that some employers require Grade 12 or equivalent for hire. Dual Credit students are not eligible to work in the Community setting until they reach 19 years of age.

The CMTN Access to Practical Nursing program creates laddering opportunities to a Practical Nursing Diploma.

