

PSYC 260

PSYC 260 Psychology of Religion and Spirituality

3 Credits

This course explores how religious belief and spiritual experience (and their absence) mold our behaviours and psychological processes. The course starts with an introduction to psychology of religion and spirituality, followed by a review of Indigenous spirituality and research methods. Then pioneers in the field and spiritual experiences are examined. Additional critical topics include: personality factors, health and well-being, religions organizations, and social attitudes and religion. Whenever possible learners will be encouraged to engage in cross-cultural analyses of psychological phenomenon through an Indigenous lens.

Prerequisites

PSYC 101 and PSYC 102

Transfer Credits

Explore transfer credit opportunities by visiting the BC Transfer Guide (<http://www.bctransferguide.ca>)

