

PSYC 207

PSYC 207 Intro to Mental Health Counselling

3 Credits

The most influential psychotherapies will be introduced with particular emphasis on behavioural and cognitive interventions. Issues of evidence based counseling, multicultural counseling, and legal-ethical obligations will also be introduced.

Prerequisites

PSYC 101 and PSYC 102

Transfer Credits

Explore transfer credit opportunities by visiting the BC Transfer Guide (<http://www.bctransferguide.ca>)

