

## PNUR 146

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### **PNUR 146 Health Promotion 2**

1 Credit

This course focuses on health promotion as it relates to the aging process, including exploring health promotion activities aimed at supporting clients to maintain their health. The concepts of health promotion, physical and mental wellness, normal aging changes and continued independence are examined.

#### **Prerequisites**

Successful completion of Level 1 courses and Consolidated Practice Experience 1. Co-requisites: Professional Communication 2; Integrated Nursing Practice 2; Professional Practice 2; Variations in Health 2; Pharmacology 2.

#### **Transfer Credits**

Explore transfer credit opportunities by visiting the BC Transfer Guide (<http://www.bctransferguide.ca>)

