

1 Nursing (NURS)

NURSING (NURS)

NURS BLK(24) Block Transfer Credit to Bsn

24 Credits

Transfer Credits

Explore transfer credit opportunities by visiting the BC Transfer Guide (<http://www.bctransferguide.ca>)

NURS 100 Block Transfer Credit to Bsn

18 Credits

Transfer Credits

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NURS 101 The Art and Science of Nursing

3 Credits

This course introduces the student to the dimensions of professional nursing practice. Through group and individual learning activities, students are introduced to professional nursing practices and concepts, issues and trends in both nursing and the Canadian health care system. Students are introduced to foundational nursing skills in the laboratory. Students are provided the opportunity to apply foundational nursing skills in the clinical setting with adults. This course consists of theory, lab and clinical components. The theory component will introduce concepts, issues and trends in nursing and healthcare including regulatory bodies, ethics and cultural safety for the nursing profession. Students will complete written assignments including a scholarly paper to explore and develop an understanding of the role of nursing in Canada. The students will use the nursing lab on campus to practice and demonstrate psychomotor skills that will be required in the clinical setting. Students will be required to successfully complete an Objective Structured Clinical Examination (OSCE) to progress to clinical. Students will complete 20 hours of clinical under the guidance of a clinical instructor in small groups with clients in the healthcare setting.

Transfer Credits

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NURS 101RL Nursing Remedial Lab

1 Credit

This clinical experience enables students to apply previously learned theory and skills in practice and acquire basic psychomotor skills needed to provide nursing care. The course includes laboratory instruction in psychomotor skills necessary to provide nursing care.

Prerequisites

Take NURS-101

Transfer Credits

Explore transfer credit opportunities by visiting the BC Transfer Guide (<http://www.bctransferguide.ca>)

NURS 102 Communication Theory and Practice

3 Credits

This course provides a foundation for therapeutic communication in nursing practice. Communication skills are fundamental in any relationship to facilitate the health and well-being of clients. Students have the opportunity to increase self-awareness and explore perceptions, attitudes, and values via a variety of communication methods applied to multicultural and multi-generational cohorts. Students are given the opportunity to practice foundational communication skills in the laboratory setting. Theory classes will include discussion, reflection, lecture, and experiential exercises in large and small groups and individually. In lab, emphasis will be placed on experiential exercises to assist students to understand and apply knowledge of interpersonal relationships by utilizing professional communication skills and approaches. Links will be made in class, lab, and assignments, between students' awareness of self, the influence of culture, and the therapeutic nature of the nurse-client relationship. The nursing process and care planning will be introduced and applied. Health teaching and documentation will be introduced in the theory and demonstrated in lab. Assignments will demonstrate student's understanding and application of therapeutic communication within professional interpersonal relationships. Students will start their nursing portfolio in this course, which will be built on throughout the 4 years of the NCBNP. In addition, this course examines the basic fundamentals of medical terminology in both the written and the spoken forms. Mastery of word parts and word building skills will aid the student in understanding medical terminology and anatomical relations. The use of terms to describe or identify diseases, disorders, various medical procedures, and abnormalities, as well as the use of appropriate medical abbreviations will also be studied.

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2 Nursing (NURS)

NURS 201 Intro to Health Assessment

4 Credits

The course provides the basis to gather a health history and to assess the functioning of individuals through the proper use of physical examination techniques. Psychosocial and cultural assessment is included. The emphasis is on recognition and identification of normal findings. Nursing Health Assessment provides the basis to gather a health history and to assess the functioning of the adult client through the proper use of physical examination techniques. This course will introduce the student nurse to the processes and methods used to carry out a complete health assessment. The patient assessment is the cornerstone component of the nursing process. It is from the assessment that all other nursing decisions are made. It is therefore essential to develop a clear and thorough understanding of normal and abnormal health assessment findings. Students will learn the principles and techniques of obtaining vital signs, using assessment equipment, and carrying out inspection, palpation, percussion, and auscultation in the context of body systems. The ability to perform physical examination techniques with competence will be acquired through the lab component of this course. The foundation of an assessment, the health history, and ways to assess an individual's cultural perspective and psychological status will be addressed. Students will communicate assessment findings using appropriate documentation and reporting principles. Students will be required to successfully complete an Objective Structured Clinical Examination (OSCE).

Prerequisites

NURS 101/NURS 102 and BIOL 131/BIOL 132

Transfer Credits

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NURS 203 Health Promotion in Families

3 Credits

Introduces theory related to diverse families across the lifespan within the context of primary health care in Northern populations. Emphasis is on family assessment skills and working in partnership with families in the development of health promotion and illness and injury prevention strategies. Holistic care of diverse families during transitions such as normal childbearing, childrearing, and caring to an elderly parent is included. Family focused nursing is an important aspect of providing fundamental nursing care to diverse populations. This course provides students with opportunity to deepen their understanding of family as client. Topics to be introduced during this course include family theories regarding structure, systems and development as well as application of the nursing process as it applies to the family unit. Emphasis will be placed on building collaborative, helping relationships, working with families as partners, utilizing family assessment models, health promotion, disease and injury prevention and the determinants of health.

Prerequisites

NURS 101, NURS 102, BIOL 131 and BIOL 132

Transfer Credits

Explore transfer credit opportunities by visiting the BC Transfer Guide (<http://www.bctransferguide.ca>)

NURS 205 Intro to First Nations Health

3 Credits

Provides an overview of First Nations health, factors influencing health status, and issues arising from Northern and remote living. Historical events and their impact on health are introduced. Current barriers to health, along with culturally sensitive nursing implications, are explored. This course provides an overview of Indigenous health and the factors influencing health status among Indigenous peoples, particularly those living in Northern and remote regions. Current barriers to health and culturally sensitive nursing implications are explored in the context of historically significant events such as the legacy of residential school, colonization, and trauma. Students will discuss aspects of health related to Indigenous groups such as poverty, women's health, mental health issues, and traditional healing approaches as well as the effects of the social determinants of health. The meaning of health and healing from an Indigenous perspective will be explored and diverse Indigenous healing practices on promoting, maintaining, and regaining health will be included. Integration of the Truth and Reconciliation Commission's calls to action are discussed throughout the course. This course uses the term Indigenous, which includes the First Nations, Métis and Inuit people of Canada.

Prerequisites

ANTH 102

Transfer Credits

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3 Nursing (NURS)

NURS 215 Care of the Adult

8 Credits

This course examines principles and practices of nursing adults with health problems. The focus is on the acquisition and application of knowledge in planning, implementing and evaluating the nursing care of clients requiring medical and surgical intervention. Holistic health care of individuals is highlighted. The course includes laboratory instruction in psychomotor skills. The clinical practicum enables the student to integrate the theory and skills needed to provide nursing care. Students will apply the nursing process and other problem solving strategies and concepts central to acute medical-surgical care of the adult, with a major focus on therapeutic nursing interventions for clients experiencing a variety of nursing-identified health problems. Topics will include the illness experience, immobility, pain, infection, ineffective wound healing, altered levels of consciousness, sensory impairment, and problems with nutrition, elimination, oxygenation, and circulation. Attention will be given to interactions between psychosocial, cultural and physiological parameters in acute illness. Preoperative, postoperative, and palliative care and interdisciplinary teamwork will be addressed. Students will apply knowledge of theory, through case studies and other activities, to the assessing, diagnosing, planning, implementing and evaluating nursing care for clients. The clinical practicum enables the student to integrate theory and skills needed to provide nursing care to stable adult medical/surgical clients.

Prerequisites

NURS 101, NURS 102, BIOL 131, BIOL 132, BIOL 133, and BIOL 220 with a grade of 'C' or better in each course.

Transfer Credits

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NURS 215BL Practical Nursing Bridging Lab

1 Credit

This course enables Practical Nurses as Northern Baccalaureate Nursing Program students to apply previously learned theory and skills and acquire additional basic psychomotor skills needed to provide nursing care to meet the role and skill level expectations to proceed in the program. This course includes laboratory instruction in psychomotor skills necessary to provide nursing care to the adult with health problems requiring hospitalization. The learning needs for Practical Nurses vary depending on where they did their initial training and where they have clinical experience in their Nursing practice. The typical lab skill learning requirements for Practical Nurses are: *Sterile Dressings and wound care *Catheterizations *IV Therapy *IV Medications Other lab skills may be assigned at the discretion of the Lab Instructor based on the level of knowledge and Nursing experience the Practical Nurse has.

Transfer Credits

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NURS 220 Extended Clinical Practicum I

5 Credits

This practicum provides the opportunity for consolidated clinical nursing practice with adults who have health problems. This course builds on previous clinical practice with the adult and occurs in various settings in Northern BC. The focus of this course is an extended medical-surgical clinical practice over a 5 week period. Students will care for stable adult clients during scheduled shifts of varying durations. Students will have the opportunity to consolidate their assessment skills; provide holistic care to an increasing number of clients; gain proficiency in previously covered psychomotor skills; increase organization and prioritization skills; integrate previous learning from other courses in the program; increase use of current resources including professional journals; demonstrate critical thinking skills; practice with cultural safety; and expand professional collaboration with clients, families, and the health care team.

Prerequisites

NURS 201, NURS 203, NURS 205, NURS 210, NURS 211, BIOL 220, BIOL 221 and BIOL 222 with a minimum GPA of 2.0

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