

INFANT & CHILD MENTAL HEALTH (ICMH)

ICMH 110 Cognitive Development, Trauma & Loss

3 Credits

Students will examine the effects of trauma and loss on early cognitive development. They will review normative cognitive development and the effects of trauma on the developing brain. Healing after loss and the effects of episodic and ongoing traumatic events will be explored. Students will develop skills for better understanding and working with the traumatized child.

Transfer Credits

Explore transfer credit opportunities by visiting the BC Transfer Guide (<http://www.bctransferguide.ca>)

ICMH 120 Family Relationships & Psychiatric Health

3 Credits

In recognition of the relational complexity of family systems and the effect on psychiatric presentations in children and youth, students will review developmental stages, family structures, and dynamics effecting family well-being. Factors including parental mental health, poverty and housing, transgenerational trauma, fostering and adoption and more will be discussed.

Transfer Credits

Explore transfer credit opportunities by visiting the BC Transfer Guide (<http://www.bctransferguide.ca>)

ICMH 130 Prevention & Intervention Strategies

3 Credits

Develop skills required to implement appropriate prevention and intervention strategies when responding to infants, children and adolescents in crisis situations. Increase knowledge of resources and supports and understand the difference between mental health support and treatment. Explore considerations for special populations.

Transfer Credits

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ICMH 140 Infant & Child Psychiatric Disorders

3 Credits

Students will learn about psychiatric diagnoses common to infant, child and adolescent populations. Cultural and ethical considerations in assessing children will be addressed. Students will learn basic psychiatric terminology and how different diagnoses present in various settings.

Transfer Credits

Explore transfer credit opportunities by visiting the BC Transfer Guide (<http://www.bctransferguide.ca>)

ICMH 150 Risk Factors in Child Mental Health

3 Credits

This course will address the factors and events associated with increasing the risk of a youth developing a psychiatric condition. Topics include the effects of prenatal exposure, parental wellness, effects of various traumas, displacement and relocation and more. Risk identification and harm reduction, and empirically-supported solutions will be explored.

Transfer Credits

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