

HEALTH CARE ASSISTANT PROGRAM (HCAS)

HCAS 106 Healing 2: Caring for Individuals Experiencing Cognitive Or Mental Challenges

2 Credits

This course builds on content from other courses to assist students to explore concepts and caregiving approaches that will allow them to work effectively with individuals experiencing cognitive or mental challenges. Emphasis is on recognizing behaviours and identifying person-centred intervention strategies.

Transfer Credits

Explore transfer credit opportunities by visiting the BC Transfer Guide (<http://www.bctransferguide.ca>)

HCAS 107 Healing 3: Personal Care & Assistance

4 Credits

This practical course offers students the opportunity to acquire personal care and assistance skills within the parameters of the HCA role. The course is comprised of class and supervised laboratory experiences which assist the student to integrate theory from other courses to develop care-giver skills that maintain and promote the comfort, safety and independence of individuals in community and facility contexts.

Transfer Credits

Explore transfer credit opportunities by visiting the BC Transfer Guide (<http://www.bctransferguide.ca>)

HCAS 108 Practical Experience in Home Support And/Or Assisted Living

2 Credits

This practice course provides students with an opportunity to apply knowledge and skills from all other courses with individuals and families in a community setting. Opportunity will be provided for students to become more familiar with the role of the HCA within a Home Support Agency and gain abilities that will prepare graduates to assume the role of a Community Health Worker.

Prerequisites

HCAS-101, HCAS-102, HCAS-103, HCAS-104, HCAS-105, HCAS 106, HCAS-107

Transfer Credits

Explore transfer credit opportunities by visiting the BC Transfer Guide (<http://www.bctransferguide.ca>)

HCAS 109 Practice Experience in Multi-Level And/Or Complex Care 1

6 Credits

This supervised practice experience provides students with an opportunity to apply knowledge and skills from all other courses in the program with individuals in a multi-level or complex care setting. A portion of this clinical experience will be devoted to working with individuals experiencing cognitive challenges. The final transitional practice experience provides an opportunity for the learner to gain increased self-confidence in the work setting and to become socialized into the work role.

Prerequisites

Minimum grade B- in HCAS 101, HCAS 102, HCAS 103, HCAS 104, HCAS 105, HCAS 106 and HCAS 107.

Transfer Credits

Explore transfer credit opportunities by visiting the BC Transfer Guide (<http://www.bctransferguide.ca>)

HCAS 110 Transition Practice Experience

2 Credits

The intent of the practice experience is to provide transition for the learner from student to graduate. During this time, the student will work closely with an experienced Health Care Assistant who will guide the student as a facilitator and as a mentor to help the student gain further insights, awareness and knowledge through the realities of the work setting. Program instructors will collaborate with the facility or community placement, HCA and learner to facilitate this experience.

Prerequisites

HCAS-109

Transfer Credits

Explore transfer credit opportunities by visiting the BC Transfer Guide (<http://www.bctransferguide.ca>)

HCAS 1010 Health & Healing: Concepts for Practice

2.5 Credits

This course provides the opportunity to develop a theoretical framework for practice. Students will be introduced to the philosophical values and theoretical understanding that provide a foundation for competent practice as a Health Care Assistant. The course focuses on concepts of caring and person centred care; basic human needs and human development; family, culture and diversity as they relate to health and healing. Student will also be introduced to a problem-solving model that will be critical to their practice.

Transfer Credits

Explore transfer credit opportunities by visiting the BC Transfer Guide (<http://www.bctransferguide.ca>)

HCAS 1020 Health Care Assistant: Intro to Practice Practice

1 Credit

This course provides an introduction to the role of the Health Care Assistant within the British Columbia health care system. Students will be introduced to the healthcare team and the roles and functions of HCA within the team. Students will also have opportunities to develop self-reflective skills required for competent practice and will be introduced to effective job-finding approaches.

Transfer Credits

Explore transfer credit opportunities by visiting the BC Transfer Guide (<http://www.bctransferguide.ca>)



HCAS 1030 Health 1: Interpersonal Communications

1.5 Credits

This course focuses on the development of self-awareness, increased understanding of others and development of effective interpersonal communication skills that can be used in a variety of caregiving contexts. Students will be encouraged to become more aware of the impact of their own communication choices and patterns. They will have opportunity to develop and use communication techniques that demonstrate personal awareness, respect and active listening skills.

Prerequisites

Minimum B- (70%) in all previous HCA courses.

Transfer Credits

Explore transfer credit opportunities by visiting the BC Transfer Guide (<http://www.bctransferguide.ca>)

HCAS 1040 Health 2: Lifestyles and Choices

1 Credit

This course introduces students to a holistic concept of health and the components of health enhancing lifestyle. Students will be invited to reflect on their own experience of health, recognizing challenges and resources that can impact lifestyle choices. Physical, psychological, social, spiritual, and environmental influences on health are explored. Students will be introduced to a model that can be applied in other courses to understand the multi-faceted aspects of health and healing.

Transfer Credits

Explore transfer credit opportunities by visiting the BC Transfer Guide (<http://www.bctransferguide.ca>)

HCAS 1050 Healing 1: Caring for Individuals Experiencing Common Health Challenges

4 Credits

This course introduces students to the normal structure and function of the human body and normal bodily changes associated with aging. Students will explore common challenges to health and healing in relation to each body system. Students will also be encouraged to explore person-centred practice as it relates to the common challenges to health and, in particular, to end-of-life care.

Prerequisites

Minimum B- (70%) in all previous HCA courses

Transfer Credits

Explore transfer credit opportunities by visiting the BC Transfer Guide (<http://www.bctransferguide.ca>)

HCAS 1060 Healing 2: COGNITIVE Or Mental Challenges

2 Credits

This course builds on content from other courses to assist students to explore concepts and care-giving approaches that will allow them to work effectively with individuals experiencing cognitive or mental challenges. The emphasis in this course is on supporting clients with dementia, recognizing responsive behaviours and identifying person-centred intervention strategies.

Prerequisites

Minimum B- (70%) in all previous HCA courses

Transfer Credits

Explore transfer credit opportunities by visiting the BC Transfer Guide (<http://www.bctransferguide.ca>)

HCAS 1070 Healing 3: Personal Care & Assistance

4 Credits

This practical course offers students the opportunity to acquire personal care and assistance skills within the parameters of the HCA role. The course is comprised of class and supervised laboratory experiences which assist the student to integrate theory from other courses to develop care-giver skills that maintain and promote the comfort, safety and independence of individuals in community and facility contexts.

Transfer Credits

Explore transfer credit opportunities by visiting the BC Transfer Guide (<http://www.bctransferguide.ca>)

HCAS 1080 Practice Experience in Multi-Level Care

6 Credits

This supervised practice experience provides students with an opportunity to apply knowledge and skills from all other courses in the program with individuals in a multi-level or complex care setting. A portion of this clinical experience will be devoted to working with individuals with dementia. Opportunity will be provided for students to gain expertise and confidence with the role of the HCA within a residential care facility.

Transfer Credits

Explore transfer credit opportunities by visiting the BC Transfer Guide (<http://www.bctransferguide.ca>)

HCAS 1090 Practice in Home Support/Assisted Living

2 Credits

This practice course provides students with an opportunity to apply knowledge and skills from all other courses with individuals and families in a community setting. Opportunity will be provided for students to become more familiar with the role of the HCA within a Home Support Agency, Assisted Living Facility and/ or a Group Home, and to gain abilities that will prepare graduates for employment in these settings. It is important that students understand the philosophy of community care settings and its emphasis on client choice and independence.

Transfer Credits

Explore transfer credit opportunities by visiting the BC Transfer Guide (<http://www.bctransferguide.ca>)

HCAS 1100 Transition to Practice Experience

2 Credits

The intent of the practice experience is to provide transition for the learner from student to graduate. During this time, the student will work closely with an experienced Health Care Assistant who will guide the student as a facilitator and as a mentor to help the student gain further insights, awareness and knowledge through the realities of the work setting. Program instructors will collaborate with the facility or community placement, HCA and learner to facilitate this experience.

Transfer Credits

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